

ed's AWESOME LUNCHTIME MENU

WEEK 01

WEEK BEGINNING: 11th SEPTEMBER • 2nd OCTOBER • 30th OCTOBER • 20th NOVEMBER • 11th DECEMBER

CHOICE 1

CHOICE 2

MONDAY

Jerk chicken with rice and peas
H/W



Vegan balls with pasta
W/V



PUDDING

Fruit salad, yoghurt V/VE and fresh fruit

TUESDAY

Macaroni cheese with garlic bread
H



Courgette burger in a brioche bun
H/V



PUDDING

Strawberry dessert whip H/V, yoghurt and fresh fruit

WEDNESDAY

All day breakfast
H



Vegan all day breakfast
H/V/VE



PUDDING

Custard biscuit and fruit H/V/VE, yoghurt and fresh fruit

THURSDAY

Roast chicken with Yorkshire pudding, roast potatoes
H



Butternut squash parcel served with roast potatoes, gravy
H/V/VE



PUDDING

Yoghurt and fresh fruit V

FRIDAY

 Fish fingers and fresh chips



Baked vegetable omelette with fresh chips
H/V



PUDDING

Vegan orange cake H/V/VE, yoghurt and fresh fruit

WEEK 02

WEEK BEGINNING: 18th SEPTEMBER • 9th OCTOBER • 6th NOVEMBER • 27th NOVEMBER • 18th DECEMBER

CHOICE 1

CHOICE 2

MONDAY

Spanish chicken served with new potatoes
H



Vegan nuggets with pasta
W/V/VE



PUDDING

Real fruit ice lolly, yoghurt and fresh fruit V

TUESDAY

Cheese wheels served with seasoned diced potatoes
H/V



Vegetable Korma with rice and naan
H/W/V/VE

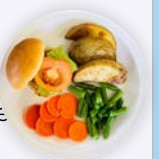


PUDDING

Yoghurt and fresh fruit V

WEDNESDAY

Crispy Piri Piri chicken burger in a brioche bun with herby wedge
H



Vegetable frittata served with garlic bread
H/V



PUDDING

Fruity flapjack H/V/VE, yoghurt and fresh fruit

THURSDAY

Roast gammon, roast potatoes, gravy
H



Vegetable sausage, served with roast potatoes, gravy
V/VE



PUDDING

Fruit salad V/VE, yoghurt and fresh fruit

FRIDAY

Fish croquettes and fresh chips
H



Cheese and tomato pizza with fresh chips
H/V



PUDDING

Vegan chocolate brownie H/V/VE, yoghurt and fresh fruit

WEEK 03

WEEK BEGINNING: 4th SEPTEMBER • 25th SEPTEMBER • 16th OCTOBER • 13th NOVEMBER • 4th DECEMBER

CHOICE 1

CHOICE 2

MONDAY

Sausage roll with seasoned diced potatoes
H



Mexican bean quesadilla with rice
H/V



PUDDING

Yoghurt and fresh fruit V

TUESDAY

Homecooked ham and pineapple pizza with wedges
H/V



Vegetable and tofu Chow mein
H/V/VE



PUDDING

Fruity rocky road H/V, yoghurt and fresh fruit

WEDNESDAY

Spaghetti and meatballs
H/W



Vegan chilli and rice
H/W/V/VE



PUDDING

Fruit salad V/VE, yoghurt and fresh fruit

THURSDAY

Roast chicken with Yorkshire pudding, roast potatoes, gravy
H



Broccoli and potato cheese bake with roast potatoes, gravy
H/V



PUDDING

Jam and coconut sponge H/W/V, yoghurt and fresh fruit

FRIDAY

Oven baked battered pollock fillet and fresh chips



Cheese and tomato quiche with fresh chips
H/W/V



PUDDING

Fruit and jelly H/V/VE, yoghurt and fresh fruit

CATE'S CORNER

Q: What did one tomato say to the other tomato?
A: You go ahead and I'll ketchup

FRESH FRUIT, LOCAL WESTCOUNTRY YOGHURT AND WEST COUNTRY MILK AVAILABLE DAILY. FRESH DRINKING WATER IS AVAILABLE THROUGHOUT THE LUNCH TIME PERIOD. ALL MEALS SERVED WITH SEASONAL VEGETABLES. CHICKEN ALTERNATIVES TO BEEF AND PORK UPON REQUEST. ONE MEAT FREE DAY.

H = HOME MADE IN THE KITCHEN.
W = WHOLE WHEAT INGREDIENTS.
VE = VEGAN DISH.
V = VEGETARIAN
2 = THE VEGETARIAN LINE.

ed's REGULARS

Jacket Potatoes with:
Beans / Cheese /
Tuna Mayonnaise
& Coleslaw

Fresh Salad Bar

AVAILABLE DAILY

DID YOU KNOW
You can have
mixed or brown rice
instead of potatoes!
Tilda

Photographs are for illustration purposes only and listed items may be subject to change due to supply.

FEEDING AMBITIONS MAKING A DIFFERENCE EVERY CHILD EVERY TIME